

Kathleen Y. Ritter, Ph.D.

Academic Degrees

Ph.D. University of New Mexico, 1974--Counseling
Ed.S. Emporia State University, 1970--Counseling
M.S. Emporia State University, 1967--Counseling
B.S. University of Utah, 1964--Social Studies

Professional Experience

1982-present
Professor of Counseling Psychology (Coordinator, 2001-2004),
California State University, Bakersfield

1988-present
Coordinator, University Counselor Training Clinic,
California State University, Bakersfield

1982-1993
Coordinator, Counselor Education, California State
University, Bakersfield

1978-82
Associate Professor of (Counselor) Education California
State University, Bakersfield

1974-78 1974-78 Assistant Professor of (Counselor)
Education
California State University, Bakersfield

1977-present Private Practice, Bakersfield, CA

(Several other positions from 1964 to 1974)

Books and chapters

Ritter, K. Y., & Terndrup, A. I. (2002). Handbook of
affirmative psychotherapy with lesbians and gay men. New
York: Guilford.

Ritter, K. Y., & O'Neill, C. W. (1996). Righteous
Religion: Unmasking the Illusions of Fundamentalism and
Authoritarian Catholicism. Binghamton, NY: The Haworth
Press.

O'Neill, C. W., & Ritter, K. Y. (1992). Coming out within: The stages of spiritual awakening for lesbians and gay men. San Francisco: Harper.

Ritter, K. Y., & O'Neill, C. W. (1995). Moving through loss: The spiritual journey of gay men and lesbian women. In M. T. Burke & J. G. Miranti (Eds.), Counseling: The spiritual dimension (pp. 127-141). Alexandria, VA: American Counseling Association. [Reprinted from Journal of Counseling and Development, 1989, 68 (1)].

Ritter, K. Y. (1993). Depression in women. In E. P. Cook (Ed.), Women, relationships, and power: Implications for counseling. Alexandria, VA: American Counseling Association.

Publications

Ritter, K., & Terndrup, A. (2000). Gender socialization on same-sex couples. The Family Digest, 12(4), 4-5.

Ritter, K. Y., & O'Neill, C. W. (1989). Moving through loss: The spiritual journey of gay men and lesbian women. Journal of Counseling and Development, 68 (1).

O'Neill, C. W., & Ritter, K. Y. (1987). Who leaves and rejoins the church? Human Development, 8 (1).

Ritter, K. Y., Trotzer, J., & West, J. (1987). Comparing family counseling and group counseling: An interview with George Gazda, James Hansen, and Alan Hovestadt. Journal of Counseling and Development, 65 (6).

Ritter, K. Y. (1985). The cognitive therapies: An overview for counselors. Journal of Counseling and Development, 64 (1).

Ritter, K. Y. (1985). Counselor educators as a family system. Access, 44 (3). An invited article.

Ritter, K. Y. (1984). Personality characteristics, training methods, and counseling effectiveness. The Journal for Specialists in Group Work, 9 (2).

Ritter, K. Y. (December 1982). Overcoming shyness: Concepts and techniques. Assert 47.

Ritter, K. Y. (1982). Training group counselors: A total curriculum perspective. *The Journal for Specialists in Group Work*, 7 (4).

Ritter, K. Y. (1981). The role of perception in the shyness process: Concepts and techniques. *The Behavioral Counselor*, 2 (1).

(Twelve others prior to 1980)

Convention presentations

(44 programs at annual meetings of the following associations)

American Psychological Association (including 4 continuing education workshops)

American Association for Marriage and Family Therapy (2 cont. education. workshops)

American Counseling Association (including 12 continuing education workshops)

Association for Specialists in Group Work

Western Association for Counselor Education and Supervision

Western Psychological Association

American Academy of Religion (western region)

Manuscript and video reviews

(over 20 reviews; recommended by the authors and invited by the following publishers):

The Haworth Press (2 jacket copies)

Brooks/Cole (15 invited from 1981 to 2001)

Rutgers University Press (jacket copy)

Association for Specialists in Group Work (video tape review)

Allyn and Bacon

Selected workshops and speeches

" Religion and Spirituality". Cultural competence training for the Kern County Mental Health System of Care (four half-day workshops)--Bakersfield, CA, 2002 and 2003

"Affirmative Psychotherapy with Lesbian, Gay, and Bisexual Clients" (with Anthony Terndrup; full-day workshop). Chi Sigma Iota International Honor Society--Bakersfield, CA, 2002

"Healing the Violence of Social and Religious Prejudice against Gay, Lesbian, and Bisexual Clients and their Families" (with Anthony Terndrup, full-day workshop). American Association of Pastoral Counselors--Snowbird, Utah, 2002

"Working with same-sex couples: Heterosexist bias and gender role socialization". Invited workshop by the Lesbian and Gay Psychotherapy Association of Southern California--Los Angeles, 2001

"Diagnosis and Treatment of Depressive Disorders" (with Anthony Terndrup; full-day workshop). Chi Sigma Iota International Honor Society--Bakersfield, CA, 2000

"Sexual Minorities of Color: Therapeutic, Diagnostic, Career, and Health Concerns". Kern and Los Angeles Counties Departments of Mental Health, Cultural Competence and Mental Health Summit VI--Bakersfield, CA, 1998

"Women and Depression". California State University, Bakersfield, Center for Living and Learning workshop--Bakersfield, CA, 1998

"Unmasking Illusions and Awakening Spirituality" (with Craig O'Neill; keynote address & full-day workshop series)--Houston, TX, 1997

"Affirmative Psychotherapy for Sexual Minority Adolescents, Couples, and their Families". Memorial Center and County of Kern Mental Health System of Care--Bakersfield, CA, 1997

"Treating the Blues: Strategies and Techniques for Clinical Depression" (with Anthony Terndrup). American Counseling Association national workshop series--Phoenix and Seattle, 1997

"Affirming Identities: Counseling Lesbians and Gay Men" and "Counseling Approaches to Sexual Orientation" (with Anthony Terndrup). American Counseling Association national workshop series (Washington, DC, Chicago, and Seattle--1992; Dallas, Houston, and New Orleans--1993; Phoenix, Oklahoma City, Kansas City, Tampa, and Ft. Lauderdale--

1994; Portland, Ore., Albany, NY, Cincinnati, Dallas, and New Orleans--1995; Los Angeles and Gainesville, FL--1996)

"Moving Clients Beyond Depression: Innovative Techniques for Overcoming Sadness and Loss." American Counseling Association national workshop series (Houston, New Orleans, Chicago, Phoenix, Baltimore and Philadelphia--1991; Portland, Ore., Seattle, Los Angeles, Louisville, Oklahoma City, and Dallas--1992; Atlanta, Detroit, and Chicago--1993)

"Moving Clients Beyond Depression." Invited two-day workshop presented to the Oregon Mental Health Counselors Association--Eugene, 1994.

"Affirming Identities: Clinical Approaches to Issues of Sexual Orientation" (with Anthony Terndrup). Full-day workshop presented for Forum International--San Antonio, TX, 1993

"Coming Out Within." Numerous talks and appearances related to this book, in various U.S. cities--1992-1996

(Several dozen other presentations prior to 1990)

Professional selections, honors, and affiliations

Publication Award. Presented by the School of Education, California State University Bakersfield--2002 and 1995.

Subject Matter Expert, MFT licensing examination development workshops. California Board of Behavioral Sciences, Sacramento--November, 1999; September 2000; February and March, 2001; January 2002; February and September 2003

Team Member--CACREP (Commission for the Accreditation of Counseling and Related Educational Programs) review of the MS programs in School and Mental Health Counseling--Western Washington Univ., Bellingham--January, 2000

Team Member--CACREP national accreditation program review. Psychology and Human Development Department, California Polytechnic State University, San Luis Obispo--October, 1998

External Consultant-Fifth Year Program Review. Department of Counselor Education, University of Nevada, Las Vegas--March, 1998

External Consultant-CSU Fifth Year Program Review. Department of Counselor Education, California State University, Sacramento--December, 1996

Fellow, Association for Specialists in Group Work--August, 1994

External evaluator for tenure and promotion, University of Nevada, Las Vegas--October 1989; University of Cincinnati--July 1993; DePaul University--November, 1993; State University of New York, Buffalo--April 1998; Fuller Theological Seminary, Graduate School of Psychology--December, 1998

Advisor, Alpha Theta Chapter, Chi Sigma Iota (International Honor Society in Counseling)--1990 to present

Member, Dissertation Committee, "Female Psychosexual Development and Women's Relationships with the Institutional Catholic Church in the United States: A Feminist Psychoanalytic Investigation" (Karen Schwarz). California School of Professional Psychology, Berkeley--1991-96

Publication in Counselor Education Award. Presented by the Western Association for Counselor Education and Supervision, San Diego--November, 1991

Distinguished Professional Service Award. Presented by the Western Association for Counselor Education and Supervision, Seattle--November, 1990

Editorial Board, Journal of Counseling and Development--1988 to 1991

Diplomate in Professional Counseling. Awarded by the International Academy of Behavioral Medicine, Counseling and Psychotherapy, Inc.--September, 1987

Editorial Board, Counselor Education and Supervision--June, 1982 to June, 1985; reappointed 1985 to 1988

Editorial board, California Association for Counseling and Development Journal (invited member)--1983 to 1990

Meritorious Performance and Professional Promise Award,
California State University, Bakersfield--June, 1987

Professor of the Year Award, California State University,
Bakersfield Alumni Association--June, 1985

Panel Member, Marriage, Family and Child Counselor
Licensing Exam Development project, Central Testing Unit,
California Department of Consumer Affairs--October, 1982 to
1985

Diplomate in Professional Counseling. Awarded by the
International Academy of Professional Counseling and
Psychotherapy, Inc.--November, 1984

Professional Advancement Award. Presented by the
Association for Specialists in Group Work--Detroit, 1982

Editorial Board, The Journal for Specialists in Group Work--
May, 1979 to June, 1982

Chair, CTC (Commission for Teacher Credentialing) Program
Evaluation Team, Loma Linda University, Department of
Counselor Education--November, 1982

CACES (California Association for Counselor Education and
Supervision) Accreditation Team Chairperson, California
State University, Los Angeles--April, 1978

Current professional organizations

American Association of Marriage and Family Therapists,
Clinical Member
American Psychological Association (Divisions 17, 36, 44,
and 49)
American Counseling Association
Association for Counselor Education and Supervision
Association for Specialists in Group Work, Fellow
California Association of Marriage and Family Therapists,
Clinical Member
Western Association for Counselor Education and
Supervision

Licenses and certifications

Licensed Marriage and Family Therapist (MFT License #8771;
Hypnosis Certification #1459)—issued by the California
Board of Behavioral Sciences

Certified Clinical Mental Health Counselor (CCMHC
#4943)—issued by the National Board for Certified
Counselors

National Certified Counselor (NCC #4943)—issued by the
National Board for Certified Counselors